

Drawing Activity

Instructions

- 1. This is a fun activity to improve fine motor skills needed for handwriting.
- 2. Ask your child to trace over the patterns in the picture.
- 3. Younger children can use crayons or colouring pens while older children should be encouraged to use pencils or pens.
- 4. This activity can be done over one session or over several days.
- 5. Let your child do the activity by themselves, but you can assist if they are having difficulties with things like their pen/pencil grip or tracing a difficult pattern.
- 6. When assisting, model to your child what they should do e.g. show how they should grip their pen/pencil or use your finger or a pen/pencil to show how to trace a difficult pattern.
- 7. At the end of the activity, give the child feedback. Comment on how well patterns were traced be sure to use positive language and ask "how" questions so that they can explain how they formed the patterns.
- 8. This drawing activity can be used several times. However, ask the child to set a goal when they trace the picture again. For instance, they could try to complete it faster, make it neater or become better at tracing a difficult pattern.

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